
SEPTEMBER 24, 2009

NEXT WEEK:

The **next meeting** of the Tri-Valley Executives' Association will be held on **October 1** at Vic's All-Star Kitchen at 7:00am.

GREETERS will be General Contractor, **Phil Maser** of The Maser Company and **Mark Van Slambrook** of The Swenson Group Business Technologies.

The VALUE will be given by **Manny Martin** of Amador Valley Property Management.

DISCUSSION: **Trends in Business Climate** led by Jim Pease and Mark Van Slambrook.

MEMBERSHIP:

We'd like to make it a goal for **each member to give** Cristin a **list of 5 people/businesses** to whom she can send a general letter, inviting them to a meeting (*see form attached*).

When you turn in your 5 names, you will receive one ticket for that week's raffle. It's a win win!

OPEN CLASSIFICATIONS:

<i>Architect</i>	<i>Engraver</i>
<i>Bakery</i>	<i>Graphic Artist</i>
<i>Bank</i>	<i>Gutter Cleaning</i>
<i>Counselor</i>	<i>Handyman</i>
<i>Dermatologist</i>	<i>Housecleaner</i>
<i>Pool Maintenance</i>	<i>Photographer</i>
<i>Manicurist</i>	<i>Real Estate - Commercial</i>
<i>Masseuse</i>	<i>Roofer</i>
<i>Party Rentals</i>	<i>Signs</i>
<i>Pet Groomer</i>	<i>Window Cleaning</i>
<i>Pest Control</i>	<i>Wine & Spirits Distributor</i>

(A full list of classifications is attached)

DUES:

Invoices for the 4th Quarter dues have gone out. Make sure you get your check in before October 15th to save \$25!

DID YOU GIVE A REFERRAL THIS WEEK?

MEMBER NEWS:

- Please keep Dave & Lori Jones in your thoughts as her father stays in hospice care.

CLASSIFICATION:

John Quintanal was born and raised in Los Angeles, California. He received his marketing degree from Cal State Northridge. During college he played baseball and even played with the Cardinals farm league.

After graduating college, he was offered a position with Southland Corporation, the parent company of 7-11 stores. At one time he was in charge of 20 field managers and 100 stores. In 1989 after working more than 4 years in Hawaii, he moved to the Bay Area. Shortly thereafter, on a blind date, he met his wife. He has now been married for 16 years and has a 13-year-old daughter, Jillian.

He loves sports and plays softball, coaches youth soccer and softball. His other hobby is being a dad. Enticed by its promotion of longevity and availability of flexible hours, he was introduced to and joined the USANA Health Sciences group in 1998.

USANA is a company out of Salt Lake City that formulates and produces nutritional supplements and weight management products. The Government's Recommended Daily Allowance (RDA) was originally created in the 1940's to help prevent disease such as scurvy and rickets, through good nutrition; the RDA was revised in 1974 to what it is today. However, the diseases of today are not being prevented with the current RDA, thus supplements are required for optimum health.

The nutrition industry is not regulated by the FDA, but USANA voluntarily manufactures all of its products at pharmaceutical standards, making them truly the highest quality supplement on the market. They even have 6 or 7 products in the Physicians Desk Reference used by doctors and pharmacists in prescribing drugs to patients. USANA is currently ranked #1 out of 500 nutrition products.

USANA manufactures multi-vitamins for youth, teen and adults, and has products for joint health, heart health, eye health, prostate health, female hormone boosters, protein, fiber

and many other products including health bars and shakes for optimum health.

And if you're trying to lose weight, John has a diet plan that can help you lose weight initially and change your diet habits to help you keep it off.

John sets up clients with an identification number, so that they can call or go on-line to order products; some prefer auto-ship, which is a standing order that ships every 28 days so that you never run out.

The USANA products are formulated to do more than defend against deficiency diseases; they are designed to promote optimal health.

If you have questions about the products or would like to place an order, please call John Quintanal at (925) 998-4088.

OUR NEXT BOOK:

On November 5th we will be discussing the ideas presented from the book "**Strengths Finder**" by Tom Rath.

CALENDAR:

November 26 – No Meeting (Thanksgiving)

December 10 – No Meeting

December 10 – Christmas Party at Girasole, 6:00pm

December 17 – Gift Exchange

December 24 & 31 – No Meeting (Christmas Eve. & NYE)
