
FEBRUARY 21, 2008

NEXT WEEK:

The next meeting of the Tri-Valley Executives' Association will be held on **February 28** at Vic's All-Star Kitchen at 7:00am.

You will be GREETED by General Contractor, **Phil Maser** and **Larry Smario** of Larry Smario Landscape and Tree Service.

The Leader in the LEAD CHALLENGE is **Lawrence Ling** of QES Computers who will be giving a lead (or singing) to **Marilyn Lewis** of Aweigh-to-Go Travel.

Darlene Crane-Peel of Residential Pacific Mortgage will be giving her CLASSIFICATION.

BOARD NOMINATIONS:

It's that time of year again... We are looking for anyone who would like to serve on the Board of Directors. We need at least one volunteer.

If you've been thinking about becoming a director, let Cristin know as soon as possible. Elections will be held at the first meeting in March.

WELCOME GUESTS:

Thank you, Skip Hinsley for inviting yet another guest: Paul Weller of Bay City Electric. Great job, Skip!

And if the wait staff at the restaurant can invite a guest, why can't you? Thanks to Patty of Vic's All-Star Kitchen for inviting Cathy Johnson from Changes of Pleasanton (Esthetician).

DID YOU GIVE A REFERRAL THIS WEEK?

EXECUTIVE OF THE YEAR:

On the attached ballot, please write the name of the member who you to believe did a good job giving leads, bringing in new members, had great attendance, a combination of those or who has some other outstanding quality, that you think should be awarded "Executive of the Year".

The award will be presented at the Installation Breakfast on April 3.

ATTENTION CHATTERBOXES:

During the Lead section, as a courtesy to other members, especially those who are speaking, please cut the chatter so that those speaking can speak and be heard.

CLASSIFICATION:

John Quintanal was born and raised in Los Angeles, California. He received his marketing degree from Cal State Northridge. During college he played baseball and even played with the Cardinals farm league.

After graduating college, he was offered a position with Southland Corporation, the parent company of 7-11 stores. At one time he was in charge of 20 field managers and 100 stores. In 1989 after working more than 4 years in Hawaii, he moved to the Bay Area. Shortly thereafter, on a blind date, he met his wife. He has now been married for 15 years and has a 12-year-old daughter, Jillian.

He loves sports and plays softball, coaches youth soccer and softball. His other hobby is being a dad. Enticed by its promotion of

longevity and availability of flexible hours, he was introduced to and joined the USANA Health Sciences group in 1998.

USANA is a company out of Salt Lake City that formulates and produces nutritional supplements and weight management products. The Government's Recommended Daily Allowance (RDA) was originally created in the 1940's to help prevent disease such as scurvy and rickets, through good nutrition; the RDA was revised in 1974 to what it is today. However, the diseases of today are not being prevented with the current RDA, thus supplements are required for optimum health.

The nutrition industry is not regulated by the FDA, but USANA voluntarily manufactures all of its products at pharmaceutical standards, making them truly the highest quality supplement on the market. They even have 6 or 7 products in the Physicians Desk Reference used by doctors and pharmacists in prescribing drugs to patients. USANA is currently ranked #1 out of 500 nutrition products.

USANA manufactures multi-vitamins for youth, teen and adults, and has products for joint health, heart health, eye health, prostate health, female hormone boosters, protein, fiber and many other products including health bars and shakes for optimum health.

And if you're trying to lose weight, John has a diet plan that can help you lose weight initially and change your diet habits to help you keep it off.

John sets up clients with an identification number, so that they can call or go on-line to order products; some prefer auto-ship, which is a standing order that ships every 28 days so that you never run out.

The USANA products are formulated to do more than defend against deficiency diseases; they are designed to promote optimal health.

If you have questions about the products or would like to place an order, please call John Quintanal at (925) 998-4088.
