



**TRI-VALLEY EXECUTIVE'S ASSOCIATION**  
**P.O. Box 985 ♦ PLEASANTON CA 94566**  
**PHONE & FAX 485-1394 ♦ [www.trivalleyexecs.com](http://www.trivalleyexecs.com)**

**OCTOBER 27, 2005**

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**NEXT WEEK:**

The next meeting of the Tri-Valley Executives' Association will be held on Thursday, **November 3** at Vic's All-Star Kitchen at 7:00am.

**GREETERS** will be **Harvey Tulchinsky** of Harvey's Cleaners and **Jim Pease** of W.H. Mayer Accountancy Corp.

**Ron Robinson** of VIP Employer Services will give the **VALUE**.

The **SPOTLIGHT** will be on **Ron Robinson** by **Beverly Hoey**.

A **guest speaker**, Nelson Fiahlo from the City of Pleasanton, will give a "state of the City".

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**VALUE:**

**Bob Olsen** of Olsen Painting values the Tri-Valley Executives' Association as a great place to be once a week to collaborate among other business owners.

It is a progressive place for a new business opportunity. To exchange new ideas, leads and to understand what it going on in the business community, like a barometer. It's a place to meet new friends and enjoy old friends.

We all benefit from being here. And it's a bonus if great friendships are made along the way, especially one that last a lifetime.

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**CLASSIFICATION:**

John Quintanal was born and raised in Los Angeles, California. He received his marketing degree from Cal State Northridge and was immediately offered a position with Southland

Corporation, the parent company of 7-11 stores. In 1989 he moved to the Bay Area. He got married shortly thereafter. He has now been married for 11 years and has a 9-year-old daughter, Jillian.

He was introduced to the USANA Health Sciences group in 1998 and worked with them part-time while continuing his full-time occupation with Southland Corporation. Knowing that nutritional health care was a growing industry, he left Southland and began marketing USANA nutritional supplements full-time. Unfortunately, after losing their savings in MCI stock, he has returned to corporate America, but as his passion is nutrition, he is still happy to service his USANA clients.

USANA is a company out of Salt Lake City that formulates and produces nutritional supplements and weight management products. The Government's Recommended Daily Allowance (RDA) was originally created in the 1940's to help prevent disease such as scurvy and rickets, through good nutrition; the RDA was revised in 1974 to what it is today. However, the diseases of today are not being prevented with the current RDA, thus supplements are required for optimum health.

The nutrition industry is not regulated by the FDA, but USANA voluntarily manufactures all of its products at pharmaceutical standards, making them truly the highest quality supplement on the market. They even have 6 or 7 products in the Physicians Desk Reference used by doctors and pharmacists in prescribing drugs to patients.

USANA manufactures multi-vitamins for youth, teen and adults, and has products for joint health, heart health, eye health, prostate health, female hormone boosters, protein, fiber and many other products including health bars and shakes for optimum health.

John sets up clients with an identification number, so that they can call or go on-line to



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order products; some prefer auto-ship, which is a standing order that ships every 28 days so that you never run out.

The USANA products are formulated to do more than defend against deficiency diseases; they are designed to promote optimal health. If you have questions about the products or would like to place an order, please call John Quintanal at (877) 817-0054.

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**MEETING SCHEDULE:**

The meeting schedule for the end of the year is attached. Please check to see if you are scheduled.

If you'd like to schedule a Road Show or Classification for the first quarter, please call Cristin to let her know.

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