



TRI-VALLEY EXECUTIVE'S ASSOCIATION
P.O. Box 985 ♦ PLEASANTON, CA 94566
PHONE 828-4386 ♦ FAX 803-1707
www.trivalleyexecs.com

MARCH 17, 2005

NEXT WEEK:

The next meeting will be held at Vic's on March 24.

Greeters will be **Dave Silva** of Silmar Flooring and **Jason Cooke** of Herrmann Financial.

The classification on March 24 will be **Pam Meyer** of Design Works LTD.

ELECTIONS:

Marilyn Lewis has been nominated to serve on the Board of Directors.

As we have two members, Joey Minahan and Robert Van Hulle, who have reached their term limits, we need one more nomination. If you'd like to serve on the Board, please let Cristin know as soon as possible.

Elections will be held on March 31.

EXECUTIVE OF THE YEAR:

Every year the membership chooses one member who has been an outstanding executive as Executive of the Year.

Please choose one member by placing their name on the attached form.

The Executive of the Year will be announced at the awards breakfast on April 7.

NEWSLETTER COMMUNICATION:

There will be a sign-up sheet at the information table where you can choose your preference for

how you'd like to receive the TVEA Newsletters.

Please make sure that you have chosen either fax or e-mail as your preferred method of communication.

MEMBERSHIP POSTING:

2nd Posting:

Milly Lwi
Pleasanton Flower Shop
3510 Old Santa Rita Rd. # 4, Pleasanton 94588
Tel: 925-463-9595
Proposed by: Tom Fox, Hometown GMAC

1st Posting:

Paige Caron
Abanco International
369-B Third Street, Ste. 404, San Rafael 94901
Tel: 925-212-4673, Fax: 415-499-0996
Proposed by: David Sanchez, Hacienda Auto Glass

If there are any comments, objections or conflicts with the above proposal, please contact Membership Chairperson, Dave Cherry at 462-7650.

OPEN DATES FOR CLASSIFICATION:

There are a few dates left in the second quarter to sign up for your classification: May 26, June 9, June 16, June 23 and June 30.

There will be a sign-up sheet at the information table at the meeting, or you can call Cristin today at 580-7719.

NEW TVEA INFORMATION:

As some of you know, David and Cristin Sanchez will be moving back to Pleasanton next



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week. The phone and fax numbers were unable to be transferred, and as you all know from the notice you received with your 2nd Quarter Dues Invoice, the P.O. Box has also been changed. Please change your records to reflect the following new information:

Tri-Valley Executives' Association
P.O. Box 985
Pleasanton CA 94566
Tel: 925-485-1394
Fax: 925-485-4513

The new phone number will be active as of March 31; in the mean time, please contact Cristin at 925-580-7719.

CLASSIFICATION:

John Quintanal was born and raised in Los Angeles, California. He received his marketing degree from Cal State Northridge and was immediately offered a position with Southland Corporation, the parent company of 7-11 stores. In 1989 he moved to the Bay Area. He got married shortly thereafter. He has now been married for 11 years and has a 9-year-old daughter, Jillian.

He was introduced to the USANA Health Sciences group in 1998 and worked with them part-time while continuing his full-time occupation with Southland Corporation. Knowing that nutritional health care was a growing industry, he left Southland and began marketing USANA nutritional supplements full-time. Unfortunately, after losing their savings in MCI stock, he has returned to corporate America, but as his passion is nutrition, he is still happy to service his USANA clients.

USANA is a company out of Salt Lake City that formulates and produces nutritional supplements and weight management products. The Government's Recommended Daily Allowance (RDA) was originally created in the 1940's to help prevent disease such as scurvy and rickets,

through good nutrition; the RDA was revised in 1974 to what it is today. However, the diseases of today are not being prevented with the the current RDA.

The nutrition industry is not regulated by the FDA, but USANA voluntarily manufactures all of its products at pharmaceutical standards, making them truly the highest quality supplement on the market. They even have 6 or 7 products in the Physicians Desk Reference used by doctors and pharmacists in prescribing drugs to patients.

USANA manufactures multi-vitamins for youth, teen and adults, and has products for joint health, heart health, eye health, prostate health, female hormone boosters, protein, fiber and many other products including health bars and shakes for optimum health.

John sets up clients with an identification number, so that they can call or go on-line to order products; some prefer auto-ship which is a standing order that ships every 28 days so that you never run out.

Jason Cooke of Herrmann Financial, as well as his family, is taking the vitamins and really feels that it is making a difference in their overall health.

The USANA products are formulated to do more than defend against deficiency diseases; they are designed to promote optimal health. If you have questions about the products or would like to place an order, please call John Quintanal at (877) 817-0054.
