

FEBRUARY 24, 2005

NEXT WEEK:

The next meeting of the Tri-Valley Executives will be held at **Vic's All-Star Kitchen** in Downtown Pleasanton on March 3.

Being the first meeting of the month we will be sitting with our teams. Remember that any team that has perfect attendance will each get free raffle tickets.

Greeters will be Pam Meyer of Design Works LTD and John Oldemeyer of Onstad's Insurance.

The Value will be given by Karen Johnson of the Law Offices of Karen Johnson.

OPEN CLASSIFICATIONS:

Newly opened classification:
- *House Cleaning/Maid Service*

Other open classifications:
- *Florist*
- *Caterer*
- *Jeweler*

CLASSIFICATION:

Dr. Barry Winston is very thankful to be a part of the Tri-Valley Executives; it has been a valuable resource to him and has helped his practice grow.

He is married and has a 19-year old living at home.

In addition to having his own optometry practice, Amador Valley Optometry, he teaches at UC Berkeley one day a week, where he gets to sample the latest equipment and technology.

The industry has changes a lot in the 25 years since he became an optometrist. Optometrists would previously only see patients who were in need of glasses. Now, in addition to prescribing glasses, and all types of contact lenses, optometrists can treat injuries, diagnose disease, provide surgical after-care, and prescribe medication; the only procedure that Dr. Winston doesn't perform is surgery, which is referred to a co-manager.

Most hospitals and general physicians cannot treat daily issues because they don't usually have the proper equipment; so Dr. Winston gets a lot of referrals from local medical facilities.

They also get a lot of referrals from the Pleasanton School District, which is very diligent at checking the vision of their students. Amador Valley Optometry is seeing an increase in the number of children patients; they can see children as young as 6 months old (their youngest contact-lense patient was 2 years old).

Dr. Winston recommends having an eye exam to check for cataracts and glaucoma every year after the age of 40. A complete eye exam will last from 40-60 minutes and includes taking the patients medical history as well as finding out about their daily routine and hobbies.

If you know of someone in need of an optometrist or to schedule your next eye exam, please call Dr. Barry Winston at Amador Valley Optometry 462-2600.

ATTENTION GOLFERS:

The 1st Annual Golf Fore Life, benefiting Valley Pregnancy Center, will be held on April 25 at Castlewood Country Club at 9:30am. The cost is \$225; the registration form will follow the newsletter. For more information please call Michael Price at 361-5551 or Ken Duley at 828-4458.
